

NEW ERA SENIOR SECONDARY SCHOOL
CLASS XII
KATHAK DANCE (056)
YEARLY LESSON PLAN-2024-25

APRIL

Chapter 1

**Study of Brief history with other classical dance
Styles of India**

No of periods allotted: 3

Chapter 1. 1

Practice of tatkar set to teentaal and jhaptaal in
Slower tempo
Double tempo(dugun)
Four times (chaugun)

No of periods allotted: 20 +5(for Riyaz)

Learning Objectives:

- To learn the history of different dance style.
- To enable students to learn the tempos used in classical dance.

Material used: laptop, notes, videos, internet

Expected previous knowledge:

- students' interest in watching various classical dances
- students were aware about the basic footsteps of kathak.

Pedagogy: verbal, repetitions of the steps, watching videos

Methodology:

- explanation of the history by teacher
- showing verbal counting about different tempos
- Students repeating after teacher for understating and learning tempos.

Learning Outcomes:

- Students will be able to understand the history of dances.
- Students will be able to perform different tempos in taals.

Assessment of learning outcomes:

- Practical evaluation test
- Oral checking of the learning

JUNE

Chapter 2

Knowledge of the following terms: (short note)

sangeet, tal, laya, sthana, chari, gati, mandala, karana angahara, bhramari, utplavana, lokadharmi natyadharmi, rasa and bhava.

No of periods allotted: 22

Chapter 2.1

life sketch of few great exponents from past and few present of the dance form.

- | | |
|----|----|
| 1. | 2. |
| 3. | 4. |

No of periods allotted: 4

Learning Objectives:

- To enable students to learn the terms used in kathak dance.
- To make the students learn about past and present dance forms

Material used : laptop, notes, videos, internet

Expected previous knowledge :

- Research about different personalities and their dance styles.
- Awareness of different types of Indian dances

Pedagogy: verbal, repetitions of the steps, observations

Methodology:

- explanation of the terms used in dance. Discussion on life sketch of dancers
- Practically teacher will show the terms.
- Students repeating after teacher for understating the moves.

Learning Outcomes:

- Students will be able to understand the definitions and terms used in classical dance.
- Students will be able to perform.
- Students will gain knowledge about different personalities.

Assessment of learning outcomes:

- Practical evaluation test
- Oral checking of the learning

JULY

Chapter 3

Study of the following terminology with Definition:

Vandana, Tihai, Aamad, Tora/Tukrra, paran

No of periods allotted: 6

Chapter 3.1

Technical compositions of the following:

Vandana, Thaat, Aamad, Fast aamad, toda/tukda

No of periods allotted: 15 + 5(practice)

Learning Objectives:

- To enable students to learn basic terminology used in kathak
- To learn different technical compositions

Material used: laptop, notes, Videos, internet

Expected previous knowledge:

- How do we express ourselves in different situations?

Pedagogy: verbal, repetitions of the actions, watching videos

Methodology:

- Verbal explanation of the compositions and its use.
- Explanation of developing compositions
- Students repeating after teacher for understating and learning .

Learning Outcomes:

- Students will be able to understand the meaning of various compositions and its requirement in classical dances.
- Students will be able to perform the compositions

Assessment of learning outcomes:

- Practical evaluation test
- Oral checking of the learning
- Small periodical written test.

AUGUST

Chapter 4

Study of the following terminology with

Definition:

Chakardar Toda/Tukraa and paran, Gatnikas, Gatbhav

No of periods allotted: 6

Chapter 4.1

Technical Composition of the following:

Chakradar Toda/Tukraa and paran,

Gat nikas, Gatbhaav

Ability to notate a tukraa/toda and paran

No of periods allotted: 10 + 5(for Riyaz and practice)

Learning Objectives:

- To enable students to learn basic terminology used in kathak
- To learn different technical compositions

Material used: laptop, notes, videos, internet

Expected previous knowledge:

- How do we express ourselves in different situations?

Pedagogy: verbal, repetitions of the actions, watching videos

Methodology:

- Verbal explanation of the compositions and its use.
- Explanation of developing compositions
- Students repeating after teacher for understating and learning .

- **Learning Outcomes:**

- Students will be able to understand the meaning of various compositions and its requirement in classical dances.
- Students will be able to perform the compositions

Assessment of learning outcomes:

- Practical evaluation test
- Oral checking of the learning
- Small periodical written test.

SEPTEMBER

Chapter 5

Detail study of the following :

Elementary introduction to the text Natyashastra, Abhinaya Darpan: (a) Identification of the author and (approximate date). (b) Myths regarding the origin of dance according to each text. c) Basic knowledge regarding the whole of each text, Natyashastra, Abhinaya Darpan

Description of Prescribed Talas along with Tala Notation with Thay, Dugun, Tigun and Chaugun: reciting and writing. Taal teen taal, jhap taal

No of periods allotted: 10

Chapter 5.1 Definitions and explanation of Nav Rasa

No of periods allotted: 12 + 5(practice)

Learning Objectives:

- To make the students aware and study about the great books for dance .
- To learn different types of rasa in dance.
- To able to recite and write different taals with its lay prakars.

Material used: laptop, notes, videos, internet

Expected previous knowledge:

- Awareness of different types of expressions in daily life.
- Dance moves and gestures of different feelings

Pedagogy: verbal, repetitions of the expressions, watching video clips

Methodology:

- Explanation, question answer sessions,
- Students repeating after teacher for understating and learning .

Learning Outcomes:

- Student will be enriched with the book review and its usefulness for dance students
- Students will be able to have their creative expressions in different steps.
- To able to recite and write taals

Assessment of learning outcomes:

- Practical evaluation test
- Oral checking of the learning
- Written test

OCTOBER

Chapter 5

Basic understanding of the term Abhinaya and

The definition of its 4 aspects

Angika, Vanchika, Aharya, Satvika

Aquittance of three gharanas in kathak

Lucknow, Jaipur, Banaras

No of periods allotted: 10

Chapter 5.1

Improvise in nritya and abhinaya

No of periods allotted: 15

Learning Objectives:

- To make the students aware about the term abhinaya.
- To enable students to learn compositions.

Chapter 5. Art Integration Activity

Compose the following using rasas

“

No of periods allotted: 10 + 5(for Riyaz and application)

Material used : laptop, notes, videos, internet

Expected previous knowledge:

- Awareness of the term abhinaya in normal life

Pedagogy: verbal, repetitions of the steps

Methodology:

- Explanation, question answer sessions.
- Students are composing and performing.

Learning Outcomes:

- Students will be able to perform abhinaya
- Students will be able to sing, explore, creative in developing his/her Own dance composition.

Assessment of learning outcomes:

- Practical evaluation test
- Oral checking of the learning
- Written test

NOVEMBER-DECEMBER

Chapter 6 Short notes on:

Sangeet, taal, lay, sthaan, gati, mandala, karana angahara,
Bhramari, utplava, lokdharmi, natyadharmi, ras, bhav

No of periods allotted: 3

Chapter 6.1. practical sessions for the entire technical terms learnt.

No of periods allotted: 25 (for Riyaz and practice)

Learning Objectives:

- To enable students to get the perfections in performing.
- To develop proficiency in compositions

Material used: laptop, notes videos

Expected previous knowledge:

- Students should be aware about all terms, abhinaya, bhava and rasas.

Pedagogy: verbal, repetitions of the steps and watching videos

Methodology:

- Explanation, question answer sessions.
- Written practice of MCQ
- Riyaz by students

Learning Outcomes:

- Students will be able to sing, explore, creative in developing his/her Choreography
- Students are able to perform independently.
- Students are able to write and recite taals

Assessment of learning outcomes:

- Practical evaluation test
- Oral checking of the learning
- Written test